





No matter who you are or where you are, there is always someone there for you! Even when you don't think you need someone, it's great to know that you have people cheering for you, supporting you, and loving you.

Celebrate the power of love and connection with a maze, a fill-inthe-blank activity, and a coloring page. Need more ideas?

SNAIL MAIL

Even when we're not together, YOU WILL ALWAYS HAVE ME! It's tough when you aren't in the same place as the people you care about. Why not send them mail? You could send them the affirmations activity or the coloring page in this activity kit to show them that no matter the distance, you are always there for each other.

SHARING AND CARING

Everyone has different ways to support and care for one another. What do YOU think makes a good friend? Have everyone share one thing they like to do with their friends. It's a great way to share new ideas and figure out what makes people smile!

FRIENDSHIP BRACELETS

Frienship bracelets are a great reminder of those who care about you, that you can carry with you every day. You can use embroidery thread and create different braid patterns or string beads onto the threads.

ANIMALS IN NEED

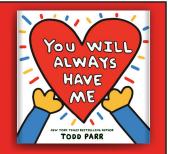
Animals know all about unconditional love, but, unfortunately, many don't have homes. Your local animal shelter can use your help! Many shelters have programs where you can read your favorite books to the animals or take them on walks. Even if you can't visit, you can donate food supplies or even old blankets and towels. Just something to let the animals know that they will always have YOU looking out for them! Contact your local shelter and see how you might be able to volunteer.









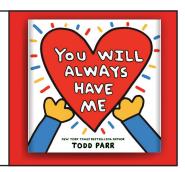


Even when you're far away, you can always find your way back to someone you love! Reunite the friends below by finding your way through the maze.









When you're scared or lonely or frustrated, it's a good reminder that there is always someone there for you. Whether near or far, write down all the wonderful things about someone special in your life and put a smile on their face. And remember, you always have yourself! Fill these out about yourself and look in the mirror while saying them to remind yourself how great you are!

You are brave because
You make me smile when you
You are fun because
You are special because
You are awesome because







